

Students follow the [KS3 National Curriculum programme of study for Physical Education](#). The curriculum enables students to undertake a range of physical activities where they are given opportunities to enhance personal development, fitness and knowledge. They also participate in team games to facilitate effective peer engagement and cooperation, total communication, and evaluation of their own and team performances. They are taught tactics and strategies to overcome opponents in direct competition through team and individual games.

There are a range of units which include football, basketball, tag rugby, hockey and athletics. Students have opportunities to develop skills related to each module and personal learning and thinking skills such as team work, communication and evaluating their own performance.

They can develop leadership skills by taking lead roles within team games and acting as an official for fellow peer games. In this way they continue to further develop their understanding of game rules. Through participation and observation of games, students are able to consider effective tactical principles of attacking and defending and seek improvement in their own performances.



SUBJECT: PE**YEAR GROUP: Key Stage 3****CURRICULUM TIME: 2 hours per week**

Group	Half Term One (Autumn)	Half Term Two (Autumn)	Half Term Three (Spring)
US1 US2 US3 US4	Intro to Basketball/ Dodgeball (TG) 1. Passing / receiving Bball 2. Recap Passing/ receiving 3. Dribbling/ shooting 4. Team Games Bball 5. Dodgeball rules/SSG 6. Dodgeball rules/ SSG 2 7. Team Games	Introduction to Tag Rugby (TG) 1. Passing/ receiving 2. Recap Passing/ receiving 3. Passing in team games (backwards) 4. Applying tag rugby rules 5. Recapping rules 6. Areas for improvement (assessing) 7. Team Games	Introduction to Football (TG) 1. Controlling/passing 2. Recap controlling/passing 3. dribbling/ tackling 4. shooting/ TG's 5. DERBY Football Tournament 6. Team Games 1 WEEK FOR DERBY
Group	Half Term Four (Spring)	Half Term Five (Summer)	Half Term Six (Summer)
US1 US2 US3 US4	Introduction to Hockey (TG) 1. Gripping Hockey Stick/ Rules/ SSG 2. Controlling/ Passing 3. Dribbling 4. Shooting 5. Attacking and Defending 6. Team Games Throughout- attacking/defending principles MOTOR CONTROL DEVELOPMENT ACTIVITIES- SELECTED PUPILS	Introduction to Cricket/ Tennis (Ind) 1. Skills and basic rules within cricket 2. Catching/ fielding 3. Batting/ bowling. Team Games 4. Rallying Skills and basic tennis rules 5. Rallying/Serving 6. Other tennis skills. Team Games Throughout- attacking/defending principles MOTOR CONTROL DEVELOPMENT ACTIVITIES- SELECTED PUPILS	Introduction to Athletics (Ind), Rounders (TG) 1. Endurance activities 2. Field events 1 3. Field events 2 4. Rounders skills and basic rules 5. Rounders batting 6. Rounders fielding Prepare for School Sports Day Throughout- attacking/defending principles MOTOR CONTROL DEVELOPMENT ACTIVITIES- SELECTED PUPILS