

PSHCE

KEY STAGE 4 CURRICULUM

As part of the school's statutory PSHCE provision, all Key Stage 4 students follow a course including units of work devised from the PSHE Association programme of study and Citizenship Education. PSHCE lessons support the students' spiritual, moral, cultural, mental and physical development preparing them for the opportunities, responsibilities and experiences of life. There are three core themes in PSHE: Health and Wellbeing; Relationships; and Living in the Wider World.

In addition to this, students study Citizenship Education which encourages them to take an interest in topical and controversial issues and to engage in discussion and debate ensuring they are ready to live as active citizens when they leave Heathlands.

Assemblies and form tutor time will also be used to discuss and cover topical issues as appropriate and much of the PSHCE wider curriculum also covers the British Values and some safeguarding issues.

The course is not certified to ensure it is flexible enough to respond to the needs of the students.

KEY STAGE 4 - PSHCE

Year 10	Autumn1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Citizenship	Citizenship/ Wider World	Health & Wellbeing/ Relationships	Relationships	Citizenship	Relationships
Title	Target Setting and Study Skills Personal Finance and Budgeting	Human Rights and Diversity (Extremism, Harassment)	Healthy Relationships (Emotional Health, abuse, bullying, honour based violence and forced marriages)	Dealing with loss (separation, divorce, bereavement)	Being a citizen in the UK; democracy and identity	Are you ready for sex? Consent, Contraception, abortion and IVF
Year 11	Autumn1	Autumn 2	Spring 1	Spring 2	Summer 1	
	Wider World	Health & Wellbeing/ Relationships	Citizenship/Wider World	Health & Wellbeing	Wider World	
Title	Target Setting & Transition (Applying for jobs and courses, WEX planning and expectations in the workplace)	Are you ready to be a parent? Types of family, teenage pregnancy	How does the law protect us? (rights at work and for consumers)	Keeping safe (Addiction)	Portfolio building (Preparing for WEX – interviews; expectations)	

Additional – First Aid Training 1 day St Johns Ambulance Training (End of Year 10)

Work Experience Week – (End of Year 11)

KEY STAGE 4 – LIFE SKILLS

US5	PSHCE – LIFE SKILLS	
Term 1	Term 2	Term 3
AQA Shopping skills (using money) AQA producing food to sell (mini enterprise)	AQA Road safety Different jobs people do (making money)	PSD & Relationships

US7	PSHCE – LIFE SKILLS	
Term 1	Term 2	Term 3
Money Matters	Me, my achievements, how I have progressed and preparing for the future (planning work experience & Year Book)	Relationships & PSD