

Food Technology KS3

Class Group	Autumn Term		Spring Term		Summer Term	
	First half	Second half	First half	Second half	First half	Second half
Eta	Health and Safety	Eatwell Plate Kitchen Equipment	Measuring and weighing	Nutrition and Labelling	Fruit and Vegetables	Carbohydrates
Alpha	Healthy Eating	Dairy	Equipment, Measuring & Weighing	Dietary Needs	Fruit & Vegetables	International Cuisines
Beta	Healthy Eating	Dairy	Equipment, Measuring & Weighing	Dietary Needs	Fruit & Vegetables	International Cuisines
Gamma	Pastry	Sugars	Additives & Preservatives	Proteins	Food Miles & Food Provenance	Micronutrients & Macronutrients
Delta	Pastry	Dietary Needs Sugars	Additives & Preservatives	International Cuisines Proteins	Food Miles & Food Provenance	Micronutrients & Macronutrients