E-Safety Newsletter

Use the QR codes to see BSL translations of the newsletter.

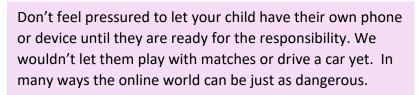Welcome to our Heathlands E-Safety newsletter.

In our fast paced world of ever changing technology it can be challenging keeping up to date with things. It's vital that we do though, to make sure our children stay safe online.

This new newsletter will share tips, advice and ideas to support you to keep your children safe.

Don't feel pressured to let your child have their own phone or device until they are ready for the responsibility. We wouldn't let them play with matches or drive a car yet. In many ways the online world can be just as dangerous.

We need you! What do you do to manage technology with your children? We would love to get a group of parents together to chat. Share your tips and ideas with how you keep your children safe online or ask other parents what they do. Click the link to register your interest.

Safety Checklist

❑ Have a no phones/tablets in the bedroom rule. Using them downstairs will mean you can more easily monitor what they are doing online.

❑ Check your child's phone daily.

❑ Check they are not using any apps that are over their age.

❑ Check their messages for any signs of dangerous contact (grooming) or bullying.

❑ Install a parent safety monitoring app so you can control their access to apps and appropriate online content.

❑ If they are old enough for social media check they have their profile set to private and are not accepting friend requests from strangers.

OpenView Education
TRAINING THROUGH THEATRE

APPS AND THEIR AGE RATINGS

13+
- Facebook
- Snapchat
- Instagram
- Twitter
- TikTok
- Kik
- YouNow
- Yubo
- House Party
- Monkey

16+
- WhatsApp

17+
- Sarahah
- YOLO

18+
- MeetMe
- LiveMe