

KS3 PE

Class Group	Autumn Term		Spring Term		Summer Term	
	First half	Second half	First half	Second half	First half	Second half
2025-2026 Years 7-9	Cross Country runs & Multi Skill Ball Games	Netball	Gymnastics/Fitness (circuit, HIIT)	Football	Tennis	Athletics and Rounders
2026-2027 Year 7-9	Cross Country runs & Multi Skill Ball Games	Handball	Badminton/Volleyball	Football	Basketball	Athletics and Rounders